

# Yellowknife Community Safety

## 1 Substance Abuse and Addictions

### What We Heard:

How will we start treating addictions in the north without a facility?

### What We Have Done:

#### Residential Treatment Options

- The Department of Health and Social Services (DHSS) has established a new streamlined treatment referral process to minimize wait times for residential treatment.
- NWT residents now have access to:
  - Specialized treatment facilities;
  - Gender specific options;
  - Cultural healing components;
  - Individualized treatment planning case management; and
  - Increased length of treatment

#### Need Help?

There are good options available. Meet with your local Community Counsellor to start the process.

##### Aventa Addiction Treatment for Women:

It has been shown that addictions in women are different than addictions in men, which can be because of a history of violence and trauma. Aventa specializes in trauma and addictions in a women only environment. Women who come to Aventa in Calgary are given time to grieve their losses and slowly move past them.

[aventa.org](http://aventa.org)

##### Poundmaker's Lodge Treatment Centre:

This is a co-ed Aboriginal addiction treatment centre near Edmonton. This facility uses concepts based in the cultural and spiritual beliefs of traditional First Nations, Metis and Inuit peoples in combination with a 12-Step, no-substance-use recovery.

This facility focuses on the root causes of addiction and helps people recover.

[poundmakerlodge.com](http://poundmakerlodge.com)

##### Fresh Start Recovery:

Fresh Start is a 50-bed alcohol and drug addiction treatment centre for men in Calgary, Alberta. The facility provides a comfortable environment where men can escape addictions and learn to live rewarding and fulfilling lives in recovery.

[freshstartrecovery.ca](http://freshstartrecovery.ca)



#### On The Land Program

- DHSS partnered with Aboriginal Governments and Organizations and HSS Authorities to pilot three different on-the-land healing programs in February and March 2014.
  - **Tlicho Government**  
Focused on "aftercare" for adult men returning from residential addictions treatment.
  - **Inuvialuit Regional Corporation**  
Focused on adult men and healing, couples counseling and reconnecting youth and elders.
  - **YK Dene First Nation**  
Consisted of a four week long healing program as a precursor to employment. Weekends were spent on the land with elders and family members.
- Lessons learned from these projects will be used to help in expanding on-the-land-healing projects.



# Yellowknife Community Safety

## 2 Mental Health

### What We Heard:

What is being done to help individuals with mental health issues

### What We Have Done:

#### Community Counselling

- DHSS is promoting the NWT Community Counselling Program, which offers support to residents who are in crisis or immediate risk. These individuals are not subject to wait times. The program provides:
  - Assessment;
  - Crisis intervention;
  - Counselling;
  - Referrals for treatment;
  - Follow up; and
  - Aftercare.
- Mental health services have been expanded to include the Global Psychiatry Department of Dalhousie University in Halifax.
- Psychiatrists from this program provide both direct and distance treatment, consultation, and assessment.
- Immediate benefits of this project have been seen through improved access to psychiatry services.

#### NWT Help Line

- DHSS signed a contract with Sykes Assistance Corporation to operate the NWT Help Line on February 1, 2014.
- Anyone requiring support for themselves or their loved one can call the NWT Help Line at 1-800-661-0844, 24 hours per day, 7 days a week.
- The NWT Help Line can provide follow-up care calls. This means that if you would like a call back or a “check in” from a “Care Coach” – they will call you back.



#### Mental Health First Aid

The Mental Health First Aid (MHFA) training course was developed to help provide initial support to someone who may be developing a mental health problem or is experiencing a mental health crisis. This course is available as a two-day training course free across the Northwest Territories.

Last year, 255 NWT residents were trained in the two-day MHFA and 22 NWT residents were trained in the three-day MHFA –Northern Adaptation (MHFA-NA).

If you're an individual or organization interested in taking the training, please call 765-7715.



# Yellowknife Community Safety

## 3 Dene Ko Day Shelter

### What We Heard:

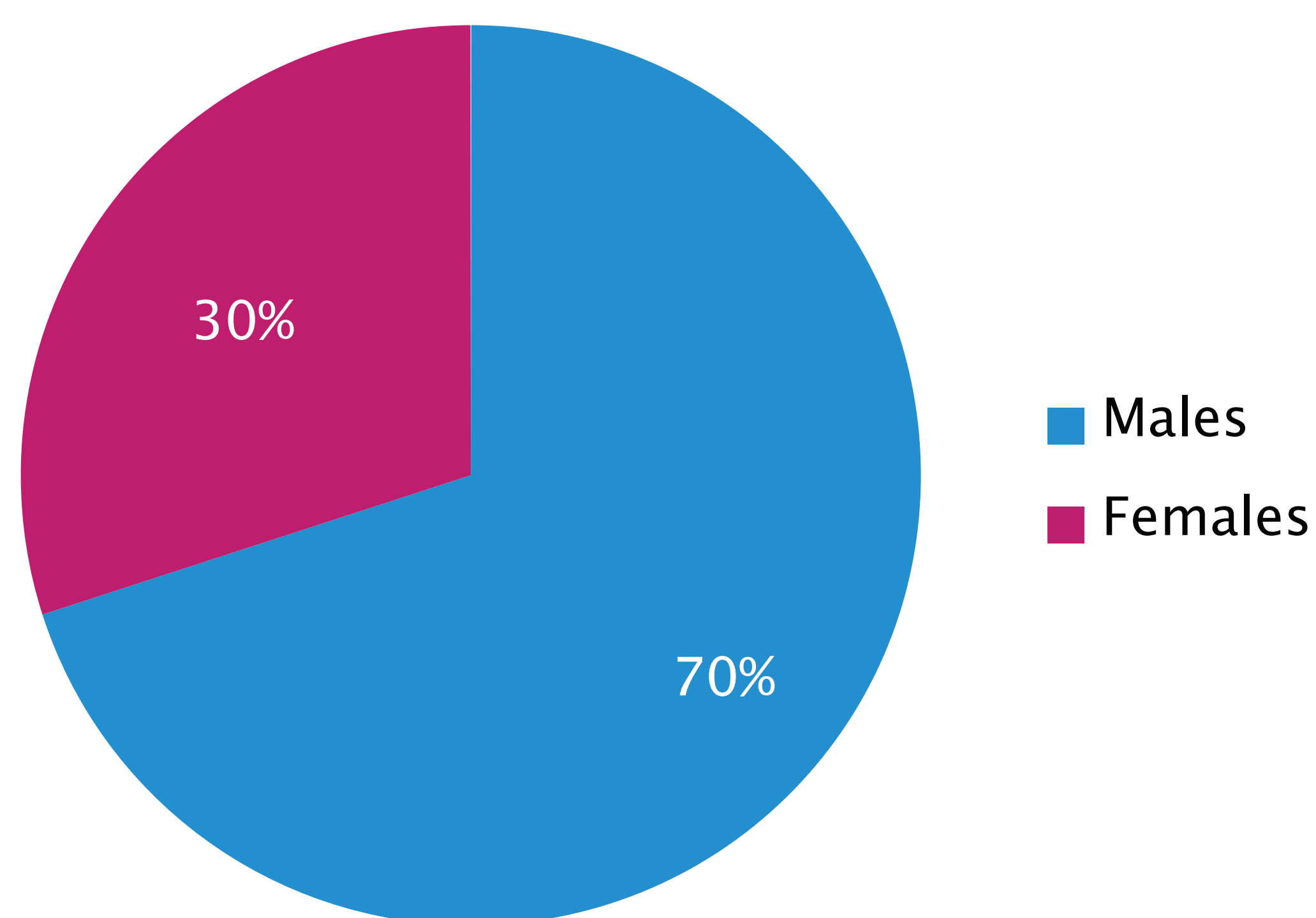
#### Support for a facility for people who are homeless



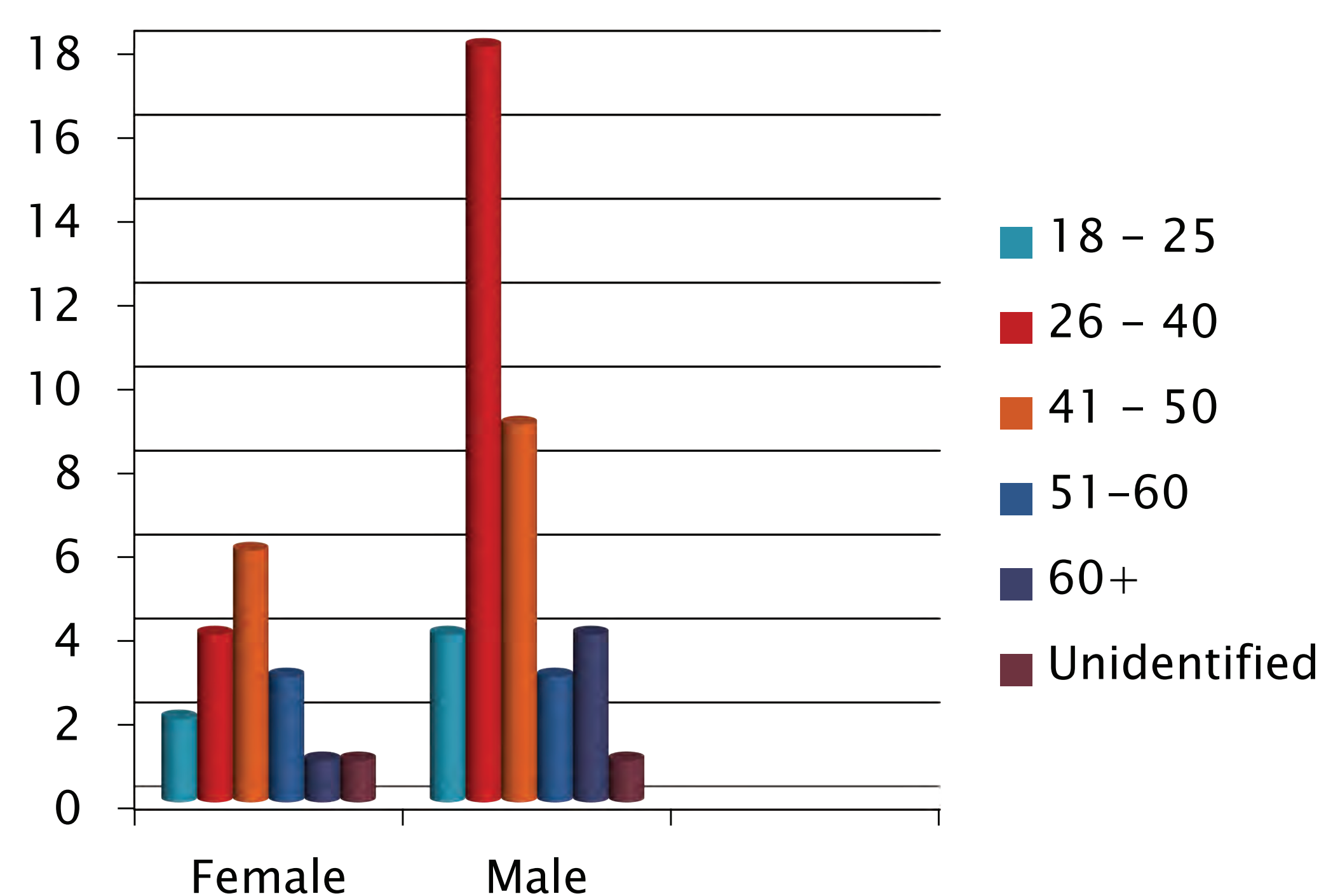
The Dene Ko (“People’s Place”) Day Shelter provided shelter to the homeless since November 2009. The shelter offered sanctuary to the homeless and allowed public health staff to provide health and social services to a hard to reach population. Due to circumstances beyond the control of the program operators, the shelter closed on May 31st. Initially, it was to close on March 31st, but Yellowknife Health and Social Services Authority (YHSSA) was able to sign a contract with the NWT Disabilities Council to operate the shelter from April 1st to May 31st. This ensured that clients had access to a warm place during the cold months while YHSSA and DHSS continued to explore options for having a day shelter open by September.

The NWT Disabilities Council collected data from April 1 to May 31st to get a better understanding of the shelter and the people being supported. Total number of interviews completed was 53. The data collected will help in developing a plan for a new day shelter.

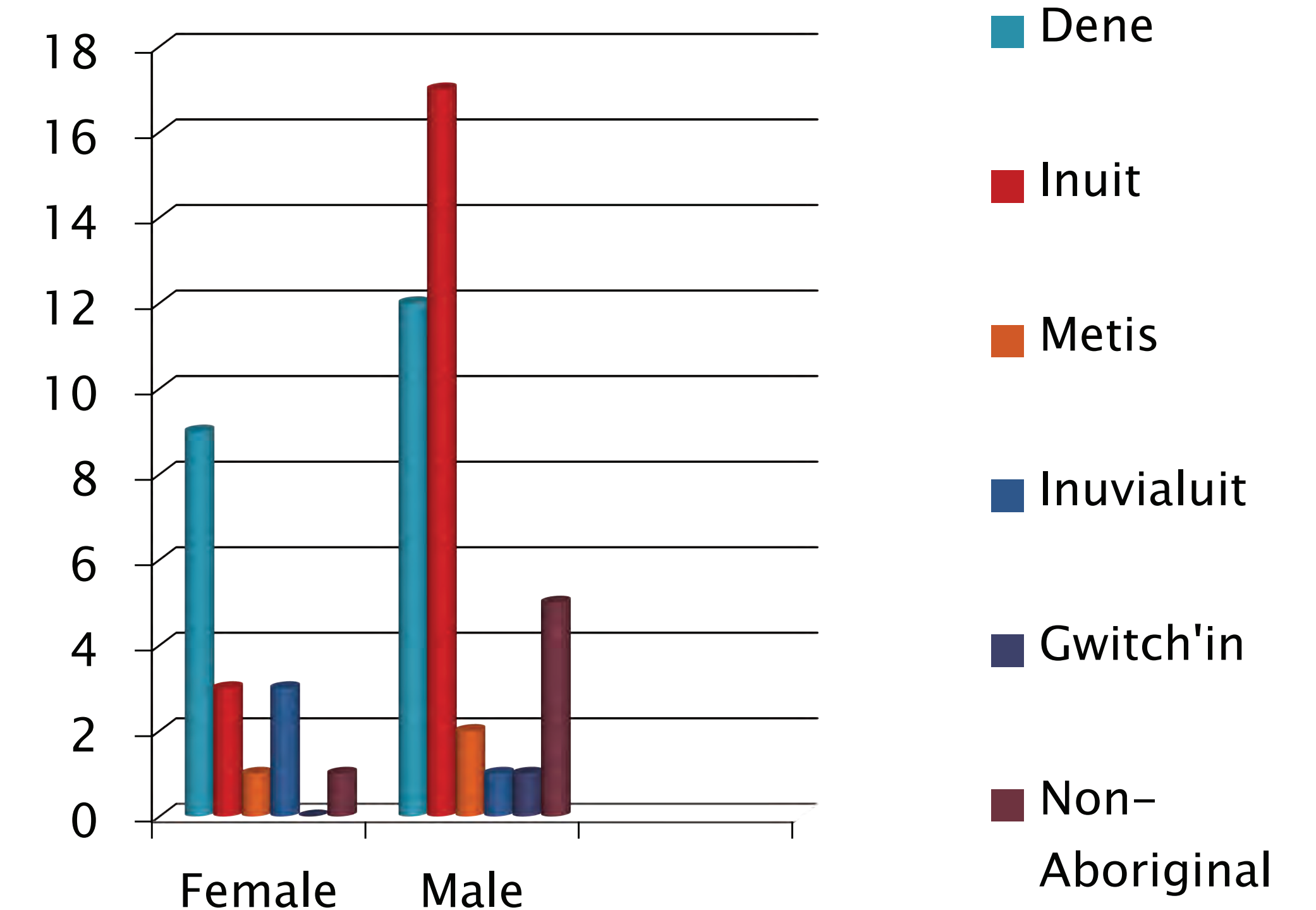
Gender Participation Percentage



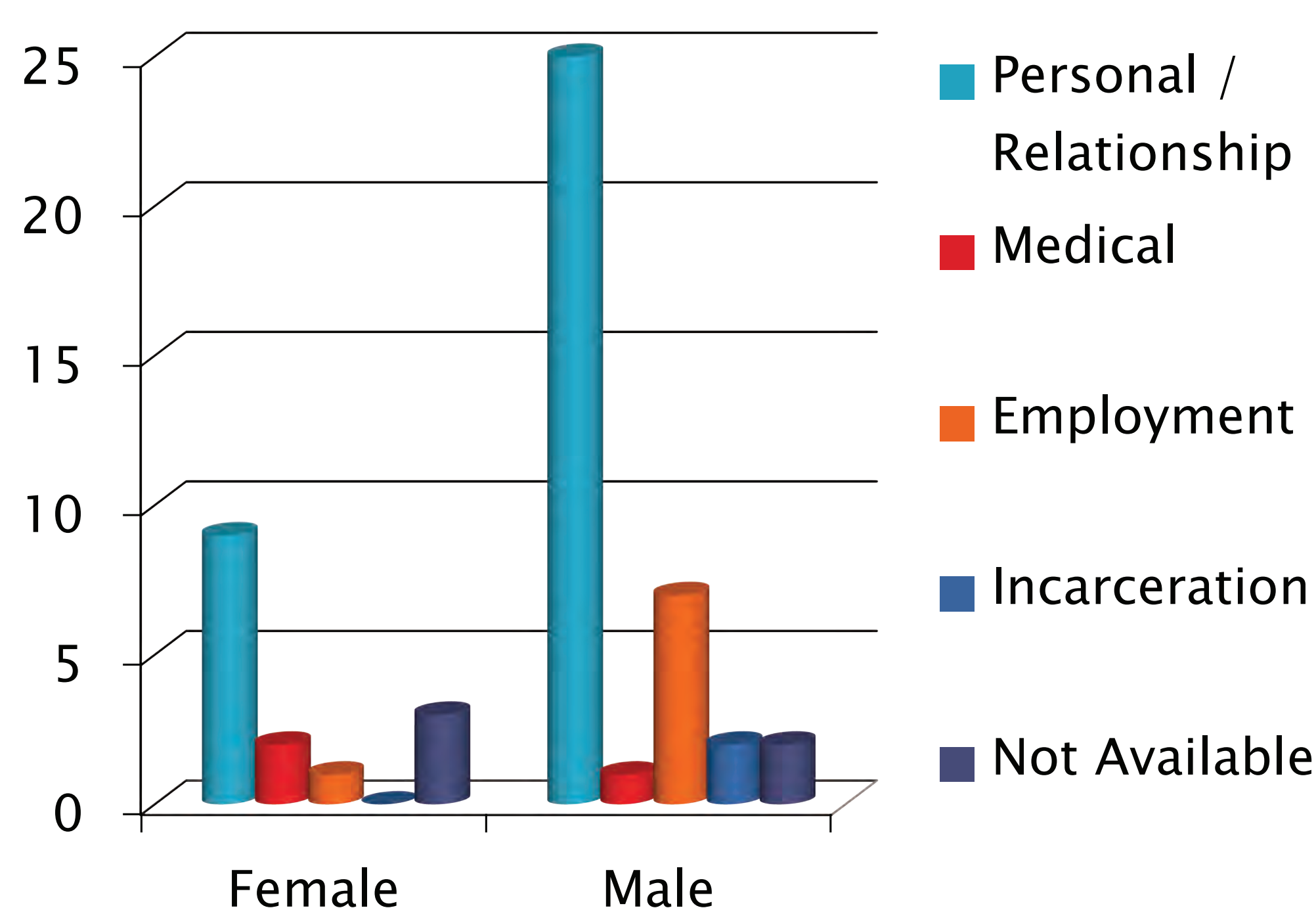
Age Demographic



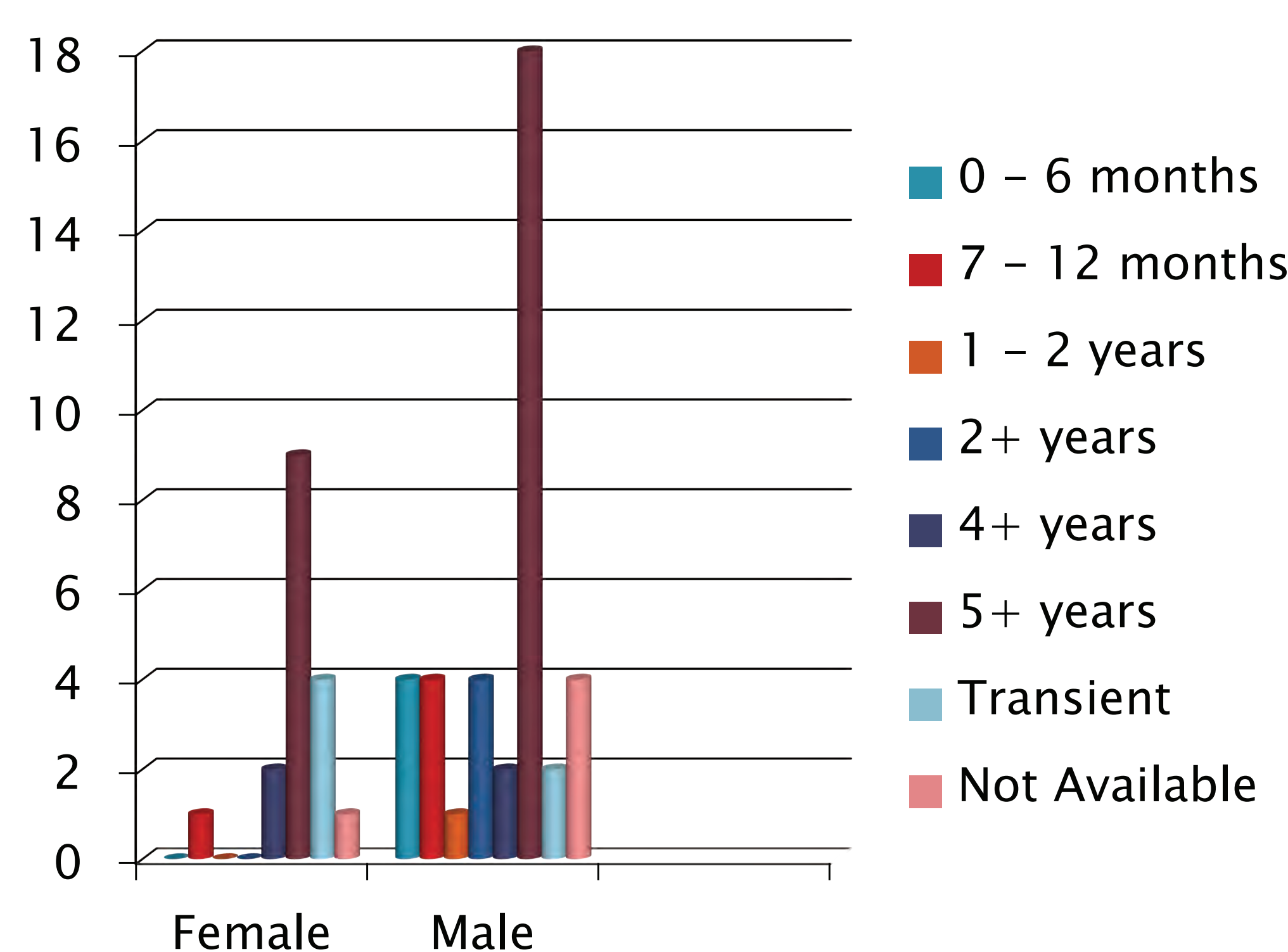
Ethnicity



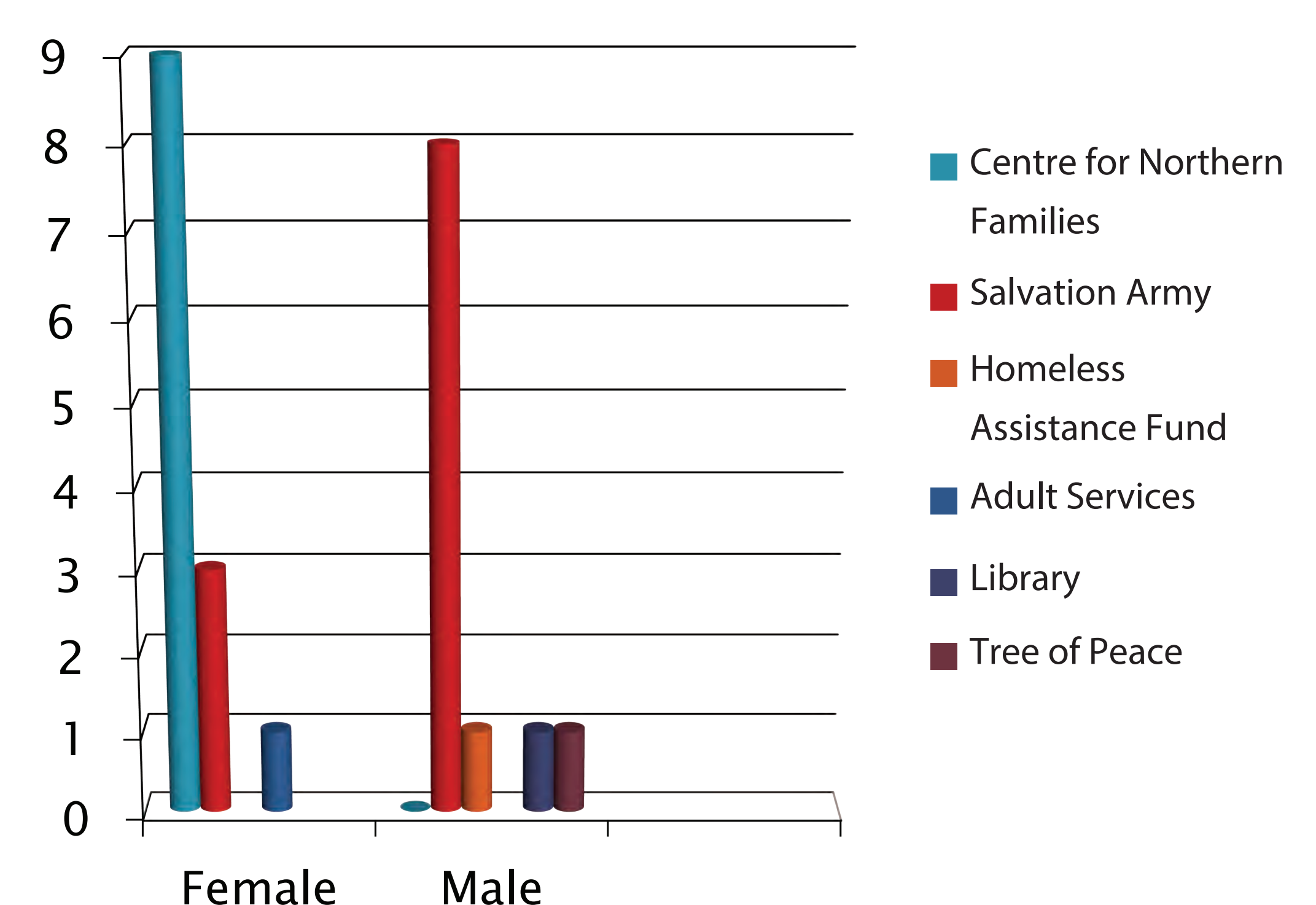
Reason for Relocating to Yellowknife



Length of Time in Yellowknife



Services Being Accessed





# Yellowknife Community Safety

## 4 Community Policing and Community Justice

The RCMP is dedicated to its work because we too are Canadians who want to live and raise our families in safe communities. Community policing is at the heart of what we do. G Division RCMP and Yellowknife Detachment are committed to building safe homes and safe communities.

### What We Heard:

A request for increased presence/visibility of RCMP members within the City of Yellowknife.

### What We Have Done:

Yellowknife Detachment have increased the amount of patrols within the City of Yellowknife and surrounding areas.

Last year we completed:

- 42 ATV Patrols
- 46 Snowmobile Patrols
- 29 Boat Patrols
- 220 Foot Patrols



### What We Heard:

A suggested change to staffing of police officers, freeing them up for more community police efforts.

### What We Have Done:

Yellowknife Detachment has made concerted efforts to reassign duties to allow officers to dedicate time to front-line and community policing.

### We are/have:

- recruiting Reserve Constables, who will assist in Relief Duty allowing regular members to focus on front-line and community policing duties
- acquired and modified a vehicle that will become a police van, to be used to transport multiple persons to the Detachment for processing. This will allow the members to return to regular patrol duty in a timely fashion and focus on front-line and community policing duties
- the police van will also be utilized to pick up clients from the ATV and Bike patrols, providing an efficient transport system, and allowing the members to return to their patrols as soon as possible



### Crime Stoppers

Crime Stoppers is a national non-profit association set up by volunteers to help stop, solve and prevent crime. They work together with members of the community and the RCMP to take anonymous tips. If you are interested in volunteering, or want to sponsor the program, contact Maury Sparvier at 867-669-5207.

### What We Heard:

Community members are interested in being involved in keeping Yellowknife safe.

### We have:

- worked with a Yellowknife non-profit society and together are developing a framework to create a Citizen's Response team



# Yellowknife Community Safety

## 5 Safe Trails

### What We Heard:

Improve safety on the McMahon Frame Lake Trail

### What We Have Done:

- Regular maintenance program on the McMahon Frame Lake Trail
- Brush clearing on an annual basis
- Random patrolling of the trail by the Municipal Enforcement Division has started.

### We Are:

- Installing 12 new lights to Frame Lake Trail before the end of September in all dark spots. This will increase lighting to close to 100%



### What We Heard:

Residents should use the trail system

### We Are:

- Increasing number of activities that we are having on the trails

### Trail Events

1. Geo Caching
2. Pumpkin Lane
3. Trail Light-Up
4. Walk to Work Week
5. Easter Trail
6. Canada Day
7. Community Barbeque
8. YK Farmers' Market
9. Gospel meetings
10. Warm the Rocks – Folk on the Rocks
11. Arts Week
12. Summer Camp Performances
13. Marathon
14. ANCOP Walk
15. Ovarian Cancer Walk
16. Radio Thon
17. Annual River Days
18. Outdoor Church Service
19. Bella Dance
20. Community BBQs
21. National Aboriginal Day
22. Outdoor weddings

